



HIGH SCHOOL SOFTBALL TRAINING



FOR SCHEDULES and ONLINE REGISTRATION [CLICK HERE.](#)

SEMESTERS: FALL (Sept-Oct) WINTER 1 (Nov-Dec) WINTER 2 (Jan-Feb) SPRING (Mar-Apr)

High School Hitting Clinics

\$250. Five 1-hour sessions. Max of 3 players!

Dani Edmands; Salve Regina University softball hitting coach.

Jamie Millett; Shrewsbury HS varsity coach & former Simmons College coach.

This program provides individualized hitting instruction tailored to each player's needs. Covers proper hitting mechanics using multiple drills, demonstration and live BP, focused on developing strong hitting mechanics to handle all types of pitches and hitting situations. Sneakers or indoor turf shoes are recommended.

For current schedules and online registration visit [AtBats Training Programs](#). Custom schedule options available for small groups; call AtBats for details.



High School 'Skills & Drills' Camp

\$175. Five 1-hour sessions with coach Jamie Millett.

Our off-season high school softball camp with Jamie Millett (Shrewsbury HS varsity softball coach and former Simmons College assistant coach).

Players will work through a series of college-style drills focused on throwing, fielding, hitting mechanics, situational hitting and softball conditioning. Arrive on-time and prepared for a fast-paced workout! Bring your own softball equipment or use ours. Sneakers or indoor turf shoes are recommended.

For current schedules and online registration visit [AtBats Training Programs](#). Have a team or group of players who would like a custom schedule or version of this program? Call Ken @ AtBats, 978-266-1766.



Private Softball Lessons

Hitting, Slap-hitting, Pitching, Catching, Defense and Conditioning.

Private lessons are available with our professional coaches for basic and advanced levels in all areas of the game. Visit [AtBats Private Lessons](#) or call 978-266-1766.

For information on our softball coaches visit [AtBats Softball Instructors](#).